SEPTEMBER 2026: High School Breakfast Menu With Halal Option (H)

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Breakfast Griddle Sandwich (V) (H) Breakfast Bar (V) (H)	Rise and Shine Waffles (V) (H) Cinnamon Apple Topping (VE) (H)	Honey Corn Muffin (V) (H) Breakfast Bar (V) (H)	Egg & Cheese on a Bagel (H) Sweet Potato Home Fries (VE) (H)
Labor Day 7	8	9	First Day Of School 10	11
Apple Cinnamon Muffin (V) (H) Colby Jack Cheese Stick (V) (H)	Egg & Cheese on a Buttermilk Biscuit (V) (H) Breakfast Bar (V) (H)	Buttermilk Pancakes (V) (H) Blueberry Topping (VE) (H)	Breakfast Mozzarella Quesadilla (V) (H) Salsa (VE) (H) Home Fries (VE) (H)	Banana Muffin (V) (H) Breakfast Bar (V) (H)
14	15	16	17	18
Zucchini Carrot Muffin (V) (H)	Egg & Cheese on a Croissant (V) (H) Breakfast Bar (V) (H)	Rise and Shine Waffles (V) (H) Warm Peach Topping (V) (H)	Apple Pie Oatmeal (VE) (H) Blueberry Muffin (V) (H) Breakfast Bar (V) (H)	Caprese Egg Sandwich on Ciabatta (V) (H) Hashbrowns (VE) (H)
Yom Kippur 21	22	23	24	25
Sweet Potato Oatmeal Muffin (V) (H)	Breakfast Griddle Sandwich (V) (H) Breakfast Bar (V) (H)	Rise and Shine Waffles (V) (H) Cinnamon Apple Topping (VE) (H)	Honey Corn Muffin (V) (H) Breakfast Bar (V) (H)	Egg & Cheese on a Bagel (H) Sweet Potato Home Fries (VE) (H)
28	29	30		
Apple Cinnamon Muffin (V) (H) Colby Jack Cheese Stick (V) (H)	Egg & Cheese on a Buttermilk Biscuit (V) (H) Breakfast Bar (V) (H)	Buttermilk Pancakes (V) (H) Blueberry Topping (VE) (H)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	*Breakfast Bar* Yogurts (V) (H) Assorted Berries (H) & Fresh Cut Fruit (VE) (H) Assorted Granola (V) (H)

Milk
1% Low-fat (V) (H)
Fat Free (V) (H)
Fat Free Chocolate (V) (H)
Alternative options are available upon request

Cold Cereal Choices
Berry Toasted Oats (VE) (H)
Blueberry Granola (VE) (H)
Cereal with Oat Clusters (V) (H)
Cinnamon Vanilla Granola (VE) (H)
Honey Toasted Oats (V) (H)
Toasted Oats (VE) (H)

OFFERED DAILY
Options may vary by location

Breakfast After the Bell Grab and Go (H)

Alternative Breakfast Grab and Go (H) (Cereal, Fruit and Milk)

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE) (H)

OFNS has an extensive Prohibitive Ingredients List available at:

ATTENTION:
• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• **Vegetarian Item (V)**: A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE)**: A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.