

Office of Food & Nutrition Services NYC Public Schools				
OCTOBER 2026: Food Court Menu With Halal Option (H)				
Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.			Chicken Tenders (H) With Teriyaki Dipper (H) Garlic Noodles (VE) (H) Steamed Garden Medley (V) (H) Salad Bar Zen & Zest Bar	Bean & Cheese Taquito (V) (H) Salsa (VE) (H) Sweet Plantains (VE) (H) Salad Bar Fiesta Bar
5	6	7	8	9
Three Cheese Grilled Cheese (V) (H) Green Beans and Mushrooms (VE) (H) Salad Bar Pizza Bar	Honey Mustard Crispy Chicken Sandwich On a Pretzel Bun (H) Roasted Dill Potatoes (VE) (H) Salad Bar Leafy Green Bar	BBQ Tofu (VE) (H) Honey Corn Muffin (V) (H) Ranchy Broccoli (VE) (H) Salad Bar Rainbow Bar	Chicken Tenders (H) With Salsa (H) Spanish Rice (VE) (H) Stewed Black Beans (VE) (H) Salad Bar Fiesta Bar	Cowboy Veggie Burger (VE) (H) Sweet Potato Waffle Fries (VE) (H) Salad Bar Classic Toppings Bar
Italian Heritage/Indigenous Peoples' Day 12	13	14	15	16
Lentil Bolognese (VE) (H) with Pasta Marinara (VE) (H) Cauli-Crunchers (V) (H) Salad Bar Mediterranean Bar	Mozzarella Sticks (V) (H) with Herbed Marinara (H) Parmigiana Peas (V) (H) Salad Bar Pizza Bar	Homestyle Mashed Potato Bowl with Veggie Nuggets (VE) (H) Confetti Corn (VE) (H) Gravy (V) (H) Buttermilk Biscuit (V) (H) Salad Bar Leafy Green Bar	Sunburst Chickpeas (VE) (H) Naan (VE) (H) Roasted Carrot Coins (VE) (H) Salad Bar Eastern Harvest Bar	Chicken Tenders (H) With Dipping Sauces (H) Harvest Butternut Squash Pasta (VE) (H) Sweet and Tangy Braised Kale (V) (H) Salad Bar Rainbow Bar
19	20	21	22	23
Empanada (V) (H) Super Hero Spinach (VE) (H) Salad Bar Pizza Bar With Balsamic Chickpea Salad (V)	Fish Sticks (H) with Tartar Sauce (H) Garlic Knot (V) (H) Parmesan Carrot Sticks (V) (H) Salad Bar Leafy Green Bar	Black Bean Burger (VE) (H) Seasoned Wedge Fries (VE) (H) Salad Bar Classic Toppings Bar	Chicken Tenders (H) With Teriyaki Dipper (H) Garlic Noodles (VE) (H) Steamed Garden Medley (V) (H) Salad Bar Zen & Zest Bar	Bean & Cheese Taquito (V) (H) Salsa (VE) (H) Sweet Plantains (VE) (H) Salad Bar Fiesta Bar
26	27	28	29	30
Three Cheese Grilled Cheese (V) (H) Green Beans and Mushrooms (VE) (H) Salad Bar Pizza Bar	Honey Mustard Crispy Chicken Sandwich On a Pretzel Bun (H) Roasted Dill Potatoes (VE) (H) Salad Bar Leafy Green Bar	BBQ Tofu (VE) (H) Honey Corn Muffin (V) (H) Ranchy Broccoli (VE) (H) Salad Bar Rainbow Bar	Chicken Tenders (H) With Salsa (H) Spanish Rice (VE) (H) Stewed Black Beans (VE) (H) Salad Bar Fiesta Bar	Cowboy Veggie Burger (VE) (H) Sweet Potato Waffle Fries (VE) (H) Salad Bar Classic Toppings Bar
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) (H) • Hummus & Pretzels (VE) (H) • Hot or Cold Cheese Sandwich (V) (H) • Grab and Go Salads (V) (H) • Pizza (V) (H) • Seasoned Wedge Fries (VE) (H)	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) (H) • Hummus & Pretzels (VE) (H) • Hot or Cold Cheese Sandwich (V) (H) • Grab and Go Salads (H) • Chicken Tenders & Dinner Roll (H) • Mozzarella Sticks (V) (H) • Empanada (V) (H) • Seasoned Wedge Fries (VE) (H)	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) (H) • Hummus & Pretzels (VE) (H) • Hot or Cold Cheese Sandwich (V) (H) • Grab and Go Salads (H) • Tuna Sandwich (H) • Pizza (V) (H) • Chicken Tenders & Dinner Roll (H) • Seasoned Wedge Fries (VE) (H)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) (H) • Hummus & Pretzels (VE) (H) • Hot or Cold Cheese Sandwich (V) (H) • Grab and Go Salads (H) • Chicken Tenders & Dinner Roll (H) • Mozzarella Sticks (V) (H) • Empanada (V) (H) • Seasoned Wedge Fries (VE) (H)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) (H) • Hummus & Pretzels (VE) (H) • Hot or Cold Cheese Sandwich (V) (H) • Grab and Go Salads (H) • Tuna Sandwich (H) • Pizza (V) (H) • Chicken Tenders & Dinner Roll (H) • Seasoned Wedge Fries (VE) (H)
On designated Plant-Powered Menu days; meat-based products will not be offered.				
OFFERED DAILY				
Milk 1% Low-fat (V) (H) Fat Free (V) (H) Chocolate (V) (H) Alternative options are available upon request	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	Assorted Dressings	Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Pears, Plums, Strawberries, Watermelon (VE) (H)	OFNS has an extensive Prohibitive Ingredients List available at: 
Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.				
ATTENTION: • All Pre-K Students CANNOT be Offered CHOCOLATE MILK				
• Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.				
• Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.				
O.F.N.S. Office of Food & Nutrition Services 			Menu subject to change. Our menus are pork free.	